



Honoring Our Veterans

This insightful article from Chief Executive magazine and written by Jennifer Pellet, reminds us that veterans bring social and financial benefits to the company including leadership, problem solving and critical thinking skills. Check out the article [here](#).

Don't miss the chance to experience the transformative power of coaching!

Join us on November 16 for a dynamic panel discussion where ten expert executive coaches will delve into essential questions like maintaining a seat at the table, setting healthy boundaries, and finding your authentic voice in the professional world.

Questions to ask yourself to determine if coaching is for you:

- What would you like to achieve or change in your life right now that feels out of reach?
- Is there a "stuck place" in your leadership or life you haven't been able to get unstuck from alone?
- What might be possible if you had a confidential thought partner to brainstorm with each week?

This highly interactive session offers a unique opportunity to access the wisdom of ten executive coaches. Get ready to unlock your full potential while preserving your well-being!

[Register Now!](#)



The graphic features a pink background with a circular portrait of a woman on the left. To the right, the text 'New Episode' is written in a large, black, cursive font. Below this, a white, torn-edge-style box contains the following text: 'Our latest podcast episode "Making An Impact" features Beth and Dianne in conversation with Linda Fowler, President and Founder of Regionerate who shares insights on her journey with Regionerate, and how they're making an impact in the world of economic development.' In the top right corner, there is a logo for 'CSWEET talks' with a microphone icon and the text 'INSIDER STORIES FROM EXECUTIVE WOMEN WITH BETH & DIANNE'. At the bottom right, the text 'LISTEN NOW' is followed by a right-pointing arrow.

New Episode

Our latest podcast episode "Making An Impact" features Beth and Dianne in conversation with Linda Fowler, President and Founder of Regionerate who shares insights on her journey with Regionerate, and how they're making an impact in the world of economic development.

LISTEN NOW →

**Treat Yourself! Join by December 31, 2023 and receive a
10% discount on your 2024 membership!**

Use **CSWEET10** at checkout below.

C-Sweet exists to empower, support, and elevate women leaders, like you, to conquer their biggest challenges, pursue their career goals and connect with other women climbing the ladder. C-Sweet focuses on building authentic relationships among professionals through networking events, conferences, and online platforms, emphasizing trust, support, and a sense of belonging. We empower professional growth by offering resources like a career center, executive coaching, board certification training, workshops, and webinars to enhance skills and knowledge in the evolving corporate landscape. Additionally, C-Sweet organizes over 70 live and virtual events annually, including educational programs and panels, to connect and inspire women leaders, promoting business development, brand growth, and expanded career opportunities.

Non-member pricing will increase in 2024 so take advantage of this savings now!

JOIN NOW

A WARM WELCOME TO OUR NEW MEMBERS!



Luci McKean

Luci joins our Midwest chapter and is Director of National School Reform Faculty. She is a skilled facilitative, marketing, and operations professional, with special proficiencies in training groups virtually and traditionally using collaborative techniques to build a sense of belonging and improve performance.



Maureen McLaughlin

Maureen joins our L.A. chapter and is Director of IT Service Management at Curaleaf. She is an accomplished and results-driven information technology executive with broad-based expertise building and leading effective strategies for technical support, process improvement, client relationship management, and team leadership in high-visibility and mission-critical customer care environments.



Michelle Scott

Michelle joins us from Canada and is a professional coach, former executive and facilitator/speaker specializing in organization transformation, coaching, leadership and team development. She has over 20 years experience in a variety of industries and is the President of Strategic Talent Solutions.



Haixia Yu

Haixia joins us from the Bay area and is a Limited Partner at How Women Invest. She is a visionary and multicultural leader known as an expert in global eCommerce business. She is passionate about sustainable products, breaking down industry silos, and delivering delightful customer experiences that make a difference. Recognized by RETHINK Retail as one of the Top 100 Retail Influencers for 2022 & 2023.

A SPECIAL THANK YOU TO OUR RENEWING MEMBERS



Gerri Hall

VP, Global Diversity, Inclusion & Belonging
NetApp



Karen Martin

President
Strategies for Human Resources



Amanda Schneider

Chief Marketing Officer
Epstein Becker & Green



Rebecca Maloney
VP, Information Technology
MKH Enterprise



Serene Wang
Founder and CEO
Elitelink Education

C-SWEET IS PARTNERING WITH ACE BOARD CERTIFICATION FOR WOMEN

Are you a woman looking to bring your value to the boardroom?

C-Sweet is partnering with ACE Board Certification for Women, their online and live board certification programs provide you the key elements you need to get on paid corporate boards.

Special Offer Exclusively for the C-Sweet Community!

Save up to \$2000* when you join between November 13-27, 2023

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Get started today and be certified before the end of 2023! This is a virtual program experience completed at your own pace, [learn more and sign up here](#).

Enter code at checkout to save \$1000: **NOVEMBERCSWEET**

ACE Live Board Certification

A high touch program experience and added promotion as a certified board candidate are stand out elements of this flagship offer, [learn more and submit your application here](#).

Submit your application & complete your registration to save \$2000

*note: savings dependent on program you select

If you have any questions, please don't hesitate to reach out.

We look forward to having you on the journey with us and to make a difference in this world one step at a time.

Csweetexecs@gmail.com

C-Sweet is growing! **Join the C-Sweet Executive Committee!**

We're looking for executive committee members in the following chapters: NY and the DC-Maryland-Virginia area. As an executive committee member, you'll be involved in event planning, sponsorship, and membership growth. This is your chance to expand your professional circle and make an impactful change on a local and national level. Ideal candidates are those active in corporate sales or with connections to executive women across various sectors.

Ready to elevate women in leadership with us? Apply by submitting your resume and a personal statement explaining your interest in joining our executive committee to csweetexecs@gmail.com

Your privacy is paramount; all applications are treated with the utmost confidentiality.



Save the Date! C-Sweet's Holiday event, Books & Bourbon! 📖🍷

Join us for a festive evening of literary brilliance and bourbon bliss.

As an extra treat, we're proud to have **Uncle Nearest Premium Whiskey** as our sponsor, providing their exceptional bourbon to elevate your holiday experience.

Don't forget to order your favorite Uncle Nearest bourbon with free shipping through this [link](#) and use the code "CSWEET" to enjoy the offer.

For more details, visit our events page [here](#).



UPCOMING EVENTS



National Virtual Event
Art of Increasing and Maximizing Performance Without Burning Out
featuring 10 Expert Executive Coaches

A complimentary event, open to all.

THURSDAY, NOVEMBER 16TH
3:00 PM ET / 12:00 NOON PT
WWW.CSWEET.ORG/EVENTS



Alison Arnoff
Executive Coach



Randi Levin
Executive Coach



Darlene Hawley
Leadership & Business Coach



Serin Silva
Intuitive Coach for Women



Jenna Dillon
Executive Coach



Tatiana Petrova
Executive Coach



Karen Clark
Executive Coach



Tom Rosenak
Leadership Communication Strategist, DiamondMind Enterprises, LLC



Marta Harmon
Executive Coach



Tracy Colahan
Executive Coach

[Register Here](#)

Jump Forward Forum

Year End Mental Wellness Review

Join C-Sweet for a highly interactive monthly session facilitated by Dr. Bonnie Wims, Counseling Psychologist

Wednesday, December 13th
12:00 PM PT / 3:00 PM ET
Register Here: www.csweet.org/Events

Meet the Speaker



Dr. Bonnie Wims
Counseling Psychologist,
Founder & CEO,
Wims and Associates



[Register Here](#)

CSWEET
VIRTUAL HOLIDAY EVENT
BOOKS AND BOURBON



Jasmin Hakes
 "HULA (HarperVia 2023)"
 Fundraising Advisor
 & Story Developer



Sue Phillips
 "The Power of Perfume"
 Founder & President
 SCENTERPRISES



Teresa Freeborn
 "Suits and Skirts: Game On!"
 Executive
 Smash+Tess



Tom Rosenak
 "Your Momentum Playbook"
 Leadership Communication Strategist
 DiamondMind Enterprises, LLC

Experience a delightful night of literary brilliance and bourbon bliss, with Uncle Nearest Premium Whiskey as our esteemed sponsor, elevating your holiday indulgence.

Thursday, December 14th
Noon PST / 3pm EST
Register Here: www.csweet.org/Events

[Register Here](#)

For more upcoming events, click [here](#).

Thank you to our Sponsors

Your support has been instrumental in the success of C-Sweet, enabling us to achieve our goals and make a significant impact in the lives of executive women.

Your commitment to our cause strengthens our mission, sending a powerful message about the importance of diversity, equity and inclusion.

We are grateful for your invaluable support and for believing in our vision.



Beth + Dianne

Your support of RedRover will make a huge difference in the lives of animals and the people who love them.



Special Thanks to Our Sponsors



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