



Welcome to C-Sweet's bimonthly newsletter.

This Report features the latest news and trends surrounding women in business, provides insights to help you navigate work and life as an executive, and opportunities to partake in exclusive conversations featuring women business leaders.

C-Sweet is a community designed to help female executives in Fortune 1000, Middle Market and Fast Growth companies work together, hire each other and extend a hand to those who follow.

Together we create success!



LEAN IN

McKinsey
& Company

The stakes are higher than ever for companies that want to achieve and maintain gender equality. According to this report by McKinsey & Co., women are demanding more from work and leaving their companies in unprecedented numbers to get it- women leaders in particular are switching jobs at the highest rate ever.

Our latest episode of **C-Sweet Talks** discusses the growing trend of the People First Management style with Lacey Leone MacLaughlin, an expert in this field. With all the upcoming changes presented in McKinsey & Company's report above, this episode provides further food for thought as leaders like you become part of the conversation and provide solutions.



New Member Spotlight

C-Sweet's New Members



Beth Schultz
VP of Research
& Principal Analyst
Metrigy



Ruth Jin
Partner
Moses & Singer LLP



Catherine Leland
Director, Office of the CEO
Edison International



Upcoming Events

C-Sweet Business Roundtable

Thursday, February 2nd at 7:30 am PST/ 10:30 am EST

Deepen your relationships with other C-Sweet members and discuss business-
- at this monthly, female-focused roundtable.

This self-facilitated group, meets the first Thursday morning of each month! Our next program will be facilitated by [Karen A. Clark](#), SVP at City National Bank and CEO of TheKarenA. In addition to networking and our signature Needs, Deals and Wants, we will discuss Confidence Trumps Competence.

[Register Here](#)

Jump Forward Forum

Wednesday, February 8th at 12:00 pm PST/ 03:00 pm EST

Join C-Sweet for a highly interactive monthly session facilitated by Dr. Bonnie Wims, Counseling Psychologist.

Dr. Bonnie is running a monthly program on the 2nd Weds of the month at 12 noon PST / 3 pm EST, free for C-Sweet members and available to non-members for a fee. This month's topic is Develop Resilience, Overcome Thinking Traps and Find Your Inner Strength.

[Register Here](#)

CEO Roundtable

Tuesday, February 14th at 12:00 pm PST/ 03:00 pm EST

Join our highly collaborative, engaging, and fun CEO group on our journey to **10x Your Business!**

If you are a CEO or President in a middle-market or fast growth company, you will want to attend this insightful, strategic and tactical program.

[Register Here](#)

February Women on Boards Roundtable

Tuesday, February 21st at 03:00 pm PST/ 06:00 pm EST

Join C-Sweet for the Women on Boards Roundtable, an on-going national initiative to discover how to land a board position. We discuss what's required when you serve on a corporate board.

This month, Michele Ashby will discuss how to Get More Women in the Boardroom, plus the 2023 Board Landscape.

[Register Here](#)

Suits and Skirts: Game On!

Thursday, February 23rd at 12:00 pm PST/ 03:00 pm EST

Join C-Sweet for a fireside chat and interactive session with Teresa Freeborn, Author, Speaker, Executive, and Thought Leader. Teresa will discuss her book - Suits and Skirts: Game On!.

The premise of Suits and Skirts: Game On! Is simple: Women have been seeking power equity for decades to no avail. Men are keeping women from attaining powerful C-Suite and boardroom positions to the detriment of corporate bottom lines. The reasons why vary, but the results do not; women are still highly underrepresented in leadership roles.

[Register Here](#)

BECOME A C-SWEET MEMBER

Membership with C-Sweet comes with exclusive access and privileges. From private events, and exclusive networking opportunities to conferences, coaching and job boards, we create opportunities to build strong C-level relationships and expand your peer network, while expanding your professional development.

[Join C-Sweet Today!](#)

CORPORATE BOARD TRAINING

Are you ready for a Paid Corporate Board Position?

C-Sweet is partnering with ACE Online Board Certification Training to prepare and certify women as qualified candidates for paying corporate board positions.

C-Sweet and ACE have teamed to provide you with an amazing discount.

The ACE Online Board Certification March 1st cohort is now open.

- Access to course materials and the cohort begins Thurs., March 1 at 11am MT
- Early Bird pricing gives you \$1,500 off until March 1st using code **SPRING2023BOARDREADY**
- Registration closes March 15 at 11am MT

Here is your unique C-Sweet link for Early Bird Pricing: [EARLY BIRD](#)

Wondering if a corporate Board position is right for you? Take this FREE Board Assessment quiz and find out if you're Board ready:

[2023 Board Assessment Quiz](#)

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